



## Understanding My Coverage



October 2026

### Alberta Bill 29 and self-referred preventive diagnostic testing

Alberta has introduced changes that may make it easier for eligible Albertans to access certain preventive diagnostic imaging services, such as MRI, CT, ultrasound, or X-ray testing, through participating private diagnostic facilities, without a physician referral.

This may give you another way to access privately paid diagnostic testing. *It does not automatically mean the service is covered under your group benefits plan.*

*Before you book or pay for a self-referred diagnostic test, please check your benefits coverage.* Your coverage depends on the terms of your benefits plan. This may include limits, exclusions, referral requirements, or medical necessity provisions.

If the service is available through the public health system, it may not be eligible for reimbursement when accessed through a private self-referral pathway. If you have questions, review your benefits coverage or contact your benefits administrator before you pay for the service.

You can check your coverage details online at **[mysunlife.ca](https://mysunlife.ca)** or through your **my Sun Life app**.

Questions? We're here to help.

Please call us at 1-800-361-6212, Monday to Friday, 8 a.m. to 8 p.m. ET.